

Asian Style Whole Wheat Linguine Salad

Makes: 175 servings

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Ingredients	Weight	Measure
Whole Wheat Linguine, Dry	12 lb	
Cabbage Slaw mix	20 lb	
Carrots, shredded	8 lb	
Onion, Red, Julienned	3 lb	
Green Scallions, Green parts julienned, white part chopped		3 bunches
Bell Peppers, Stems removed, Seeded, Julienned	3 lb	
White Sesame Seeds, Toasted		4 cups
Jalapenos, Seeded and Finely Chopped		20 each
Salad Oil		4 cups
Soy Sauce, low sodium (if gluten is a concern use wheat-free tamari)		6 cups
Ginger, Fresh, Grated		2 cups
Honey, Local		1 cup

Directions

- 1. Blanch Cabbage and Carrots: cook in boiling salted water about 2 minutes, strain (reserve hot liquid) and then chill in ice cold water, drain thoroughly.
- 2. Cook pasta in vegetable water, strain and chill.
- 3. Combine all salad ingredients.
- 4. Whisk together dressing ingredients.
- 5. Add dressing to salad. Chill overnight. Serve cold.